

# GUIDE TO ADMISSIONS

Upon your arrival at the Mountain View Community you will be greeted by the Admissions Coordinator who will review nursing home policies and procedures, as well as your rights as a nursing home resident. You and your family member/legal representative will participate in the admission process which includes: the admission agreement, establishing a personal account, financial arrangements, hairstylist authorization, establishing advance directives and/or a living will, as well as declaring a physician responsible for your medical care. This will take approximately one hour.

Following the admission process with the Admissions Coordinator there will be a brief team meeting with members from each department. The purpose of this meeting is to give those professionals involved in your care a chance to meet you and your family/legal representative and to give you the opportunity to meet each of them. This also provides time for the team, which includes both you and your family/legal representative, to share information which is vital to ensuring quality care during your stay. This will take approximately 30 minutes.

You will be checked into the facility with a brief, general physical assessment. Your physician will have been contacted and will have given any specific orders for your care such as medications, diet, or special therapies. You should bring your clothing and personal possessions with you on the day you arrive. Having your own belongings with you will help you to feel more comfortable in your new surroundings. Your family/legal representative is invited, as our guest, to join you for lunch on your first day at Mountain View.

In accordance with Federal guidelines, a specific plan of care is established at the time of admission. The plan is developed with you by an interdisciplinary team consisting of nursing, activities, physical therapy, social services and dietary. A representative from each of these departments will visit you during your first few weeks in order to obtain your input for the plan of care. The physical therapist may ask you to do some physical activities in order for an accurate assessment to be made. The social worker will review rules and regulations, your rights as a resident, services that are available, and will answer any questions you may have. The dietician and/or food service director will ask for your food preferences and will plan how best to meet your nutritional needs. A member of the activity department will orient you to their programs and assist you in pursuing those recreational activities that will be of interest. You can expect to meet with the Administrator and other department heads—they are all interested in serving you and will be in to welcome you to our community.